



# SEAFORD HIGH SCHOOL STUDENT HANDBOOK 2023-2024

*This Year's Theme:*

*"Surround each other with GREATNESS."*

# SEAFORD HIGH SCHOOL

1575 Seamans Neck Road, Seaford, NY 11783

[www.seaford.k12.ny.us](http://www.seaford.k12.ny.us)

Main Office: 516.592.4380

Attendance Office: 516.592.4355

Guidance Office: 516.592.4320

Athletics Office: 516.592.4350

Special Education Office: 516.592.4360

School Code (Testing/College Application Use): 335162

Ms. Nicole Schnabel, Principal: [nschnabel@seaford.k12.ny.us](mailto:nschnabel@seaford.k12.ny.us)

Dr. Raphael Morey, Assistant Principal: [rmorey@seaford.k12.ny.us](mailto:rmorey@seaford.k12.ny.us) (oversees Class of 2024 and Class of 2026)

Mr. Alex Mantay, Assistant Principal: [amantay@seaford.k12.ny.us](mailto:amantay@seaford.k12.ny.us) (oversees Class of 2025, and Class of 2027)

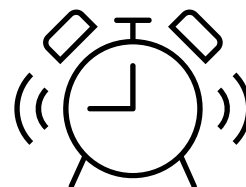
## THIS YEAR'S SCHOOL THEME

Our school theme is selected by our Freshman Mentors group each summer. This year's theme is: **"Surround each other with GREATNESS."**

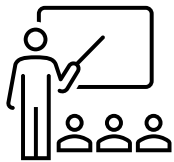


## STRATEGIES FOR SUCCESS AT SHS

- ✓ Check your student e-mail and Teams account every day.
- ✓ Make a plan! A daily or weekly to-do list will keep you organized with important deadlines. Use your new student planner to help you keep track.
- ✓ Don't procrastinate. Each day spend some time working on major projects so that you can always submit your best work.
- ✓ Prioritize your health: eat balanced meals throughout the day to keep your energy flowing!
- ✓ Step outside of your comfort zone. If you want to try a new club or activity, give it a shot!
- ✓ Set goals (big or small).
- ✓ Get involved in your school community.
- ✓ Utilize your resources: If you are faced with a challenge, know that there are many supportive adults in the building who can help you.
- ✓ Get a good night's sleep so each day you bring your A-Game!
- ✓ Ask lots of questions.



# ATTENDANCE POLICY



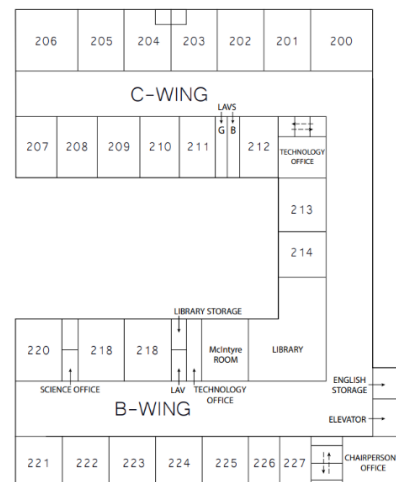
In order to be successful, you must attend class. Our “DCA” policy ensures that our students understand the importance of the relationship between attendance and performance.

You will be denied credit for a class if you miss 10% of classes (no matter what the reason)! Excused/unexcused absences, and latenesses all count.

Once you hit 9 absences for a half-year or 18 absences for a full-year course, you will be denied credit (2 latenesses = 1 absence). Our updated attendance procedures are listed on the home page of SHS as a quick link. If you have any questions about the procedures, please see Ms. Raduazzo in the Attendance Office.

# BUILDING MAP

## SEAFORD HIGH SCHOOL



# BELL SCHEDULES

## Daily Bell Schedule

Period	Times
Extra-Help	6:50-7:20
1	7:25-8:07
2	8:10-8:55
3	8:58-9:40
4	9:43-10:25
5	10:28-11:10
6	11:13-11:55
7	11:58-12:40
8	12:43-1:25
9	1:28-2:10
Extra-Help	2:10-2:40
Detention	2:10-2:50

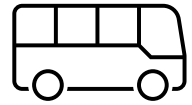
## One-Hour Delay Schedule

Period	Times
1	8:25-9:00
2	9:03-9:44
3	9:47-10:22
4	10:25-11:00
5	11:03-11:38
6	11:41-12:16
7	12:19-12:54
8	12:57-1:32
9	1:35-2:10
Extra-Help	2:10-2:40
Detention	2:10-2:50

## Two-Hour Delay Schedule

Period	Times
1	9:25-9:54
2	9:57-10:26
3	10:29-10:58
4	11:01-11:30
5	11:33-12:02
6	12:05-12:34
7	12:37-1:06
8	1:09-1:38
9	1:41-2:10
Extra-Help	2:10-2:40
Detention	2:10-2:50

# BUS SCHEDULES



Type of Bus	Time of Departure	Number of Busses	Route
Normal Dismissal Bus	2:15pm	8	Normal bus route
After-School Activity Bus	2:50pm	2 (Bus 8 & 9)	Route is below plus stops as requested
Late Bus	4:15pm	2 (Bus 8 & 9)	Route is below plus stops as requested
Late Bus	5:15pm	2 (Bus 8 & 9)	Route is below plus stops as requested
Late Bus	6pm	1 (Bus 8)	Stops as requested

## 2:50 – BUS 8

SEAFORD HIGH SCHOOL  
ALAN PATH & LOCUST AVE  
SEAFORD AVE & WAVERLY AVE  
WAVERLY AVE & WILLOUGHBY AVE  
JACKSON AVE & SPRUCE ST  
AUSTIN AVE & PINE ST  
NEPTUNE AVE & WYANET ST  
LADONIA ST & NEPTUNE AVE  
MAPLE AVE & WADENA ST  
BAYVIEW ST & NEPTUNE AVE  
BAYVIEW ST & OCEAN AVE  
2523 S CEDAR ST  
MAPLE ST & MELVIN PL  
CEDAR ST & MEYER LN

## 2:50 - BUS 9

SEAFORD HIGH SCHOOL  
HOLLY ROAD & WASHINGTON AVE  
DOGWOOD LN & PARK AVE  
JACKSON AVE & PARK AVE  
JACKSON AVE & WILBURNE AVE  
JOHN ST & WASHINGTON AVE  
PARKSIDE DR & WASHINGTON AVE  
SEAMANS NECK ROAD & WAVERLY AVE  
NELSON VERITY PLAZA & WASHINGTON AVE  
PENATIQUIT AVE & TIANA ST  
S SEAMANS NECK RD & TIANA ST  
MARINA PARK DR & S SEAMANS NECK RD  
HARVARD LN & S SEAMANS NECK RD  
BRYANT DR & KEVIN RD

## 4:15 – BUS 8

SEAFORD HIGH SCHOOL  
BROOK LN & NATALIE BLVD  
ALAN PATH & LOCUST AVE  
LOCUST AVE & OAKLAND AVE  
SEAFORD AVE & WAVERLY AVE  
WAVERLY AVE & WILLOUGHBY AVE  
AUSTIN AVE & SPRUCE ST  
FIR ST & JACKSON AVE  
MAPLE ST & MELVIN PL  
CEDAR ST & MEYER LN  
NEPTUNE AVE & WYANET ST  
LADONIA ST & NEPTUNE AVE  
2523 S CEDAR ST  
ISLAND CHANNEL RD & SHORE PL  
BAYVIEW ST & OCEAN AVE  
NIMROD ST & OCEAN AVE  
BAYVIEW ST & NEPTUNE AVE

## 4:15 – BUS 9

SEAFORD HIGH SCHOOL  
HOLLY RD & WASHINGTON AVE  
JACKSON AVE & PARK AVE  
JACKSON AVE & WILBURNE AVE  
PARKSIDE DR & WASHINGTON AVE  
SEAMANS NECK RD & WAVERLY AVE  
HARBOR BLVD & S SEAMANS NECK RD  
MIAMI ST & S SEAMANS NECK RD  
DARBY LN & S SEAMANS NECK RD  
MARINA PARK DR & NANCY LN

## 5:15 – BUS 8

SEAFORD HIGH SCHOOL  
BROOK LN & NATALIE BLVD  
JACKSON AVE & PINE ST  
MAPLE ST & MELVIN PL  
CEDAR ST & MEYER LN  
LADONIA ST & NEPTUNE AVE  
2523 S CEDAR ST  
ISLAND CHANNEL RD & SHORE PL  
BAYVIEW ST & OCEAN AVE  
NIMROD ST & OCEAN AVE  
BAYVIEW ST & NEPTUNE AVE

## 5:15 – BUS 9

SEAFORD HIGH SCHOOL  
HOLLY ROAD & WASHINGTON AVE  
DOGWOOD LN & PARK AVE  
JACKSON AVE & PARK AVE  
JACKSON AVE & WILBURNE AVE  
JOHN ST & WASHINGTON AVE  
PARKSIDE DR & WASHINGTON AVE  
SEAMANS NECK RD & WAVERLY AVE  
NELSON VERITY PLAZA & WASHINGTON AVE  
PENATIQUIT AVE & TIANA ST  
S SEAMANS NECK RD & TIANA ST  
MARINA PARK DR & S SEAMANS NECK RD  
HARVARD LN & S SEAMANS NECK RD  
BRYANT DR & KEVIN RD

# CELL PHONE POLICY



Students learn best with no distractions in the way. As a result, all students are asked to turn in cell phones at the start of the class period (including for study hall). They can be accessed with teacher discretion and in the event of a school emergency. Students are only permitted to use cell phones during lunch periods. If a family member has an emergency and needs to contact a student, please call the main office at 516-592-4380 and we will be glad to put you in touch with your child immediately.

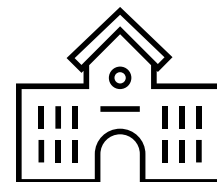
# CHALLENGE YOURSELF!



We encourage every student to try at least one advanced level course in their career at SHS. There are so many opportunities to do this, complete with offerings that will interest all types of students. For some, that may even mean one or more per year! The best person to help you make the right scheduling decisions for you is your counselor.

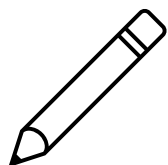
# CODE OF CONDUCT

The Seaford High School Code of Conduct (available on the SHS Web Site) something that we all believe in and take very seriously. Without an understanding of how we will behave and treat each other while in school, our academic and extracurricular education would suffer greatly. It is all of our responsibilities to read our Code and know the expectations that it has for all of us. Each year at our orientation assemblies, you will sign an acknowledgement that you've read this document and agree to abide by the structures in place.



# COMMUNICATION

Seaford High School is proud to operate a fully digital platform. All correspondence that would traditionally be mailed home will be emailed and then, if appropriate, posted at the "School Correspondence" quick link on the SHS home page.

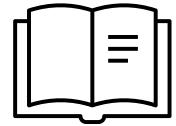


Teacher email addresses are comprised of their first initial plus last name plus @seaford.k12.ny.us. For example: Ms. Nicole Schnabel is [nschnabel@seaford.k12.ny.us](mailto:nschnabel@seaford.k12.ny.us)

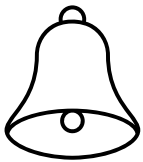
Many teachers have web pages that offer links and resources. The teacher web page directory can be found [here](#). You can also always leave a phone message for any teacher by calling the main office (516 592-4380) and leaving a message.

## DRIVERS EDUCATION

Drivers education is offered through Seaford School District with limited seats available. Please [refer to the website](#) or email Mr. Maniscalco at [fmaniscalco@seaford.k12.ny.us](mailto:fmaniscalco@seaford.k12.ny.us) for more information.



## EXTRA HELP



SHS teachers offer three extra-help sessions a week. These may be in the morning prior to classes beginning, or at 2:15. Each teacher has his/her extra-help schedule posted in his/her classroom (and on their website if they have one) and a master schedule of extra help is located in the Guidance Office and as a quick link on the SHS web site. When it comes to extra help, we have a couple of suggestions:

-Confirm with your teacher you will be stopping into extra help. This will give your teacher the indication you are coming so they know to look out for you. It also sends them the message that you care about your success in the class!

-Be proactive, not reactive. If you are starting to feel uneasy about what you're learning, attend extra help immediately! Do not wait until the day before or even AFTER a test or quiz.

## INFINITE CAMPUS

Amazing news! You can make your own portal account so you can stay on top of your grades. Here's the [link to begin the process](#).

Your user ID is your student number (find this on your parent/guardian's portal account) and your password is your last name followed by your birthday in the following format: mm/dd/yy.



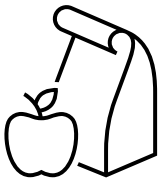
Example: Mary Smith, student number 12345, with a birthday of May 1, 1983

- User ID: 12345
- Password: smith050183

# LIBRARY

The SHS Library is one of the coziest spots in the building! The library is open every period and is staffed with a teacher to support you at all times. You can feel free to stop in any period or up to 3pm each day. If you have any questions regarding the library, please reach out to Ms. J. McCloskey via email or Teams.

# LUNCH

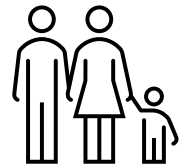


School lunch is offered during periods 4-8 in Cafeteria A and Cafeteria B. Seniors have the privilege of being permitted to leave the building for lunch periods.

The school lunch menu can be found [here](#).

# FAMILY PARTNERSHIPS

Our teachers and students simply could not be successful without our parent group partnerships: PTSA, SEPTA, Seaford Symphony and the Booster Club. These groups support fundraising initiatives and make our events special and memorable for everyone involved. Please encourage your families to join these groups because working together, we can all make a greater impact! You can find membership forms for all of these organizations on our “School Correspondence” quick link on the SHS website.



# PATHWAYS TO SERVICE

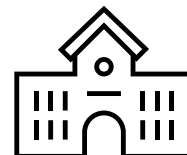


Service, character, and commitment are at the heart of everything for which Seaford High School stands. One way we can uphold these virtues is by contributing to our community as much as possible. All students strive to complete 50 hours of service by April 30 of their graduating year. If this is completed, our students earn a special distinction at graduation. One of our teachers leads the [Pathways to Service](#) initiative and is always more than happy to lead you down the path of service, the most rewarding path you can take! You can contact Mr. Panus at [jpanus@seaford.k12.ny.us](mailto:jpanus@seaford.k12.ny.us) with any questions about service opportunities.



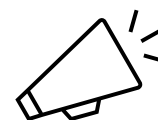
# YOUR SCHEDULE

- ✓ Your schedule follows an a-day/b-day rotation, which means your classes may be slightly different every other day.
- ✓ Each grade level must be enrolled in a certain minimum of credits:
  - Grade 9: 7 credits excluding physical education
  - Grade 10: 7 credits excluding physical education
  - Grade 11: 6.5 credits excluding physical education
  - Grade 12: 6 credits excluding physical education
- ✓ If you have questions about your schedule, please contact your counselor.

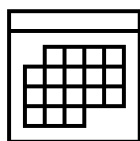


# SCHOOL ANNOUNCEMENTS

Announcements are shared each day at the end of second period and they are also [posted](#) on the opening page of the Seaford High School website.



# SCHOOL CALENDAR



The full Seaford School District calendar is available on the district home page. Here's the [one-page calendar](#).

# STUDENT PHOTOS

Student photos (taken by Class Act Photography) are taken during your physical education periods. The dates are published on the school calendar. Senior portraits are taken the spring before senior year. You can contact Class Act at 718-338-2322 with questions. Ms. Bilardello in the main office is the building liaison for school photos and can also assist. Please contact her via email at [pbilardello@seaford.k12.ny.us](mailto:pbilardello@seaford.k12.ny.us) or 516-592-4386.

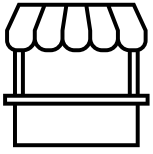


# TECHNOLOGY

Questions about your device? Stop into the “tech depot” next to room 214 upstairs next to the library. You can also call 516.592.4390 for more information.



# VIKING COVE SCHOOL STORE



The Viking Cove is our school store! We sell Seaford High School gear, water bottles, snacks, supplies, and beverages. If you'd like to be involved in the school store operations, please contact Mr. Mantay (amantay on Teams or [amantay@seaford.k12.ny.us](mailto:amantay@seaford.k12.ny.us))!

## STUDENT COUNCIL



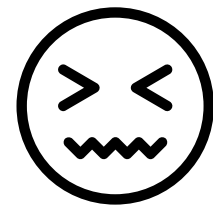
The SHS student council is comprised of passionate student leaders who plan and facilitate initiatives throughout the year. Each member of the Council is involved in every project that the Council sponsors in some way. These may include the 9/11 Ceremony, flower sales, Harvest Fair, etc. The Council also sponsors several traditional service events: i.e., a food drive, a toy drive and a blood drive. The Homecoming, Pep Rally and other special occasions also involve the Student Council. This group holds its own weekly meetings, which members are not only required to attend but are also expected to participate in the decision-making process. If you'd like to learn more information about the student council, please reach out to Ms. T. Cintorino and Ms. S. Raduazzo.

## CLASS OFFICERS

Are you interested in running for class office? Each year, elections are held for the president, vice-president, secretary, and treasurer positions. Over the year, there will be more information available about how to get involved as a class officer.

## I AM FEELING OVERWHELMED...

### WHAT DO I DO?



**Stop right there! We can help.** First off, talk to someone: your counselor, a teacher, a psychologist in the Wellness Center, Mr. Mantay, Dr. Morey, or Ms. Schnabel! We can guide you in the right direction so you don't feel overwhelmed anymore. It's probably a quick fix like one of us setting you up with attending extra help or initiating a conversation with a friend, coach, or family member.

If this is an academic concern, start by telling your teacher you'd like to attend extra help. If you're having a hard time saying those words to the teacher, send him/her a Teams chat! Our

teachers are very well-versed in Teams and are happy to communicate via Teams or email. Alternatively, your counselor can help you start the conversation.

If you would prefer working with a classmate or someone who has already taken the class, find the peer tutor [request form](#) here. You will want to leave that form with your counselor so they can ensure your request is submitted and fulfilled.

Let's say you can't quite put your finger on what's bothering you. Maybe you need to relax in the Wellness Center for a few minutes, or maybe a check-in with a counselor or psychologist will help put you at ease. No matter what you're feeling, know that you're not alone. We will help you find exactly what you need to have a better day tomorrow.

## WELLNESS CENTER



The Wellness Center is a great space for you to visit and decompress if you need a moment of quiet and peace. It is located next to the main office in the support services suite. If you would like to visit, please check in with your teacher that period and ask them to write you a pass for your visit. When you arrive, a teacher aide will be there to assist. He or she will collect your pass and you will fill out an "intake form" to partake in the benefits of the space.

As we would like many students to enjoy this space, your visit may be limited to a certain time limit, depending on student needs and we will cap the Wellness Center capacity at 8 students per period. This is also a great space if you would like to visit or schedule a meeting with our friendly support professionals: Dr. Emerman, Dr. Pitkow, or Ms. Klein.